

# Infinite Underpants

By Rebecca Fine

Quick! What's the very first thing that springs into your mind when you read or hear the M-word? (M-o-n-e-y.)

For many people that first thing isn't necessarily pleasant. And for others there's a fleeting flicker of delight as they imagine having plenty of it, winning the lottery or the like, which just as quickly fades into a more familiar "not enough" feeling instead.

It's not surprising. After all, most of us have been carefully trained, taught, even indoctrinated our whole lives to believe that money is scarce, that it's hard to come by, that only people who have any ever get more, that it's the cause of all the world's troubles ... and on and on and on.

Loads of heavy baggage packed with negativity on the simple subject of something we really cannot do without.

And it's all just so SERIOUS and HEAVY and ... ugh.

So since we already KNOW that we attract/create our own experience through our thinking, how about we just UNpack some of that mental baggage and ditch some of the seriousness so we can stop creating and attracting more stuff like THAT?

How about we just lighten up and have some FUN with all of this? When you're having fun your thoughts aren't focused on lack of anything, right? ;-)

(And believe me, when you get the hang of *The Science of Getting Rich* and start to see your life transforming in amazing ways, it's FUN!)

For myself, I have decided that whenever the M-word comes up in conversation or my own thinking in any way that doesn't thoroughly delight me, I am going to quietly, secretly substitute another word — a silly word that has NONE of those negative connotations.

I've been doing this for a while now with family and friends, too (not just quietly and secretly), and it's not only fun, it highlights immediately just how silly all the negativity is.

I highly recommend the practice!

You can choose any word that strikes you as ridiculous. For me, the funniest word in the English language (and I don't know why) is this:

## **Underpants.**

(I know, I know. Totally juvenile. Pretty much the humor of a seven-year-old. And that's probably why it works so well!)

Try it for yourself:

- "I'd like to have a new car, but I don't have enough underpants."

- "Invest in THAT? No way! It's too risky. I could lose all my underpants."
- "Do you think underpants grow on trees?"
- "I like the job but the underpants are awful."
- "Underpants can't buy happiness."
- "He's got more underpants than he knows what to do with."
- "Never throw good underpants after bad."
- "Underpants aren't everything, you know."
- "I wouldn't do that for love nor underpants."
- "Always be sure to save some underpants for a rainy day."
- "No matter how hard I try or what I do, I just NEVER have enough underpants."

Oh, I could go on and on! In fact, a couple of days ago I introduced this scathingly brilliant concept to my mom and brother, and we sat out on Mom's patio playing with it until we had tears streaming down our faces from laughing at ourselves so hard.

(I suppose goofiness runs in the family. Later that day when Mom said she was getting ready to throw a load of "delicates" in the washer we accused her of money laundering.)

And my friend Alexandra (Dr. Gayek, founder of [The Science of Being Well Network](#)) and I have giggled ourselves silly on the subject of abundance of all kinds by substituting my nutty word for almost ANY word having to do with wealth or health.

Ah, yes: We live in a world of infinite underpants!

But when I told her I was going to share this craziness with you she hesitated a moment and then asked, "Really?"

"Sure," I said. "We just get so SERIOUS about all this stuff. But you and I both know it's so much better to let it be FUN."

"Well, you're right," she conceded. "But Rebecca, just try to be ... brief."

Ack.

Yes, she really said that — and cracked herself up laughing. Took me a moment to get it. You know, a pun truly IS the lowest form of humor ... ;-D

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Rebecca Fine is the founder of [The Science of Getting Rich Network](#) where you can download your free copy of the amazing 1910 forgotten classic, *The Science of Getting Rich*. <http://www.scienceofgettingrich.net> ©2006 Certain Way Productions Inc.